# Men's Sizing

UK/AUS	EU	Millimeter
3	36	231
4	37	239
5	38	248
5.5	39	248
6	40	256
7	41	265
8	42	273
9	43	281
9.5	44	281
10	45	290
11	46	298
12	47	307
13	48	315
14	49	324
15	50	332
16	51	341



## Women's Sizing

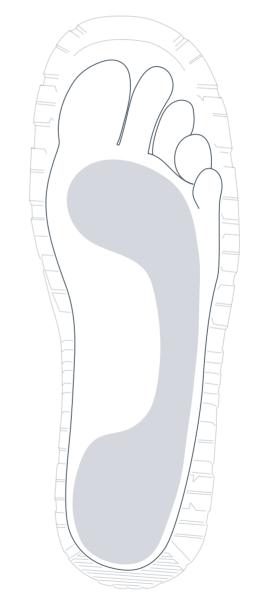
### **True ladies fit**

#### Our ladies safety boots are designed just for women and include a shorter ankle-length and smaller instep.

Most industrial footwear is made for men, with women wearing smaller versions of men's ranges, but women's feet are anatomically different and not just a scaled down version.

Steel Blue is one of the leading safety footwear brands that is specifically tailored to complement the shape of ladies' feet with a true ladies last.

AUS	UK	EU	Millimeter
5	3	36	230
6	4	37	239
7	5	38	247
7.5	5.5	39	247
8	6	40	255
9	7	41	264
10	8	42	272
11	9	43	281



### + Shallower first toe

- + Shorter length from ball of foot to heel
- + Smaller instep length and circumference
- + Shorter ankle length

# **Boot Fitting Guide**

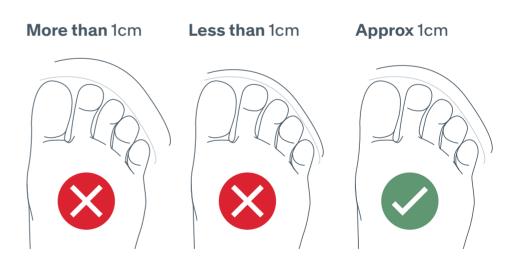
### A properly fitted work boot is important for good foot and overall body health. All Steel Blue work boots are endorsed by the Australian Physiotherapy Association (APA).

To support your customer's physical wellbeing, we have collaborated with the APA to help fit your Steel Blue work boots for 100% comfort.

#### How to get a true fit

- + Measure your feet. Your foot size and shape can change over time. Don't rely on the fact that you have always worn a certain size.
- + Fit your boots to the larger foot. Most people have one foot that is larger than the other, so make sure you measure both feet.
- + Get measured at the end of the day when your feet are the largest.
- + Don't plan on the boot stretching over time. They should fit well when you buy them.
- + Check the depth of the boot to ensure there is sufficient room for your toes
- + Always stand and walk around in the boots to see if they are comfortable, fit well, and don't chafe or rub.

+ Wear thick socks when trying on the boots like Steel Blue's Bamboo Socks. Most boots are made to be worn with thick socks.



Check the space at the end of the boot. Stand up and make sure there is 1cm (about the width of your finger) between your longest toe (usually the second toe) and the end of the boot.